



Health & Wellness Advisory Committee

Virtual Meeting – 3:45 pm

December 7, 2022

meet.google.com/zqk-vfum-rrm

(US) +1 929-236-4262 PIN: 288 559 822#

Committee members present - Connie Reed, Kimberly Tucker, Kim Usery, Mallorey Jones, Kimberly Armstrong, Erin Wilkes, Teresa Richardson, Courtney Gunter, Jamie Tokarz, and Vonda Morgan.

Meeting was called to order at 3:45 pm.

I. Reports:

District Update – Michael Byrd, Deputy Superintendent, No report.

Food Services – Erin Wilkes, Director of Food Services, completed the quarterly menu review (Ark. 6.06.5). Review notes and Erin's feedback may be accessed:

- https://docs.google.com/document/d/1WsVV57hHEplbS-CJBhmLoL_V72xQExTuXhYDN2Ucj8/edit

Erin also reported that the DESE Child Nutrition review was completed last week and they were very complimentary with the job that our wellness committee is doing and we met all the state mandated requirements.

Health Services – Vonda Morgan, Director of Nursing, reported that nurses are wrapping up vision and hearing screenings.

Counseling Services-Emily Taylor, Directors of Counseling Services, no report.

Safety & Security - Morris Rothfeldt, Executive Director for Support Services, no report.

Health & Wellness - Kelly Spencer, Health Wellness Coordinator, reported that fitness classes continue to be at Central Elementary three days a week. Kelly will send out a flier in January promoting these free classes for staff. Special Programs Bowling was a huge success with over 200 bowlers. Students and teachers have expressed they like the format with the district facilitating athletic events for our students with special needs.

The next Wellness Committee meeting - February 22, 2023. The committee will review and revise if needed:

- *Ark. 6.06.5 - Annually maintain and update a written list of recommended locally available healthier options for food and Beverages available for sale to students.*

Meeting adjourned at 4:02 pm